

# Teen Suicide

Arizona's teen suicide rate is higher than the national average. In 2002, there were 12 suicides in Arizona among 10 to 14-year-olds and 39 suicides in the 15 to 19-year-old age group. Three children commit suicide each month in our state. (Arizona Department of Health Services).

In the United States , 14 young people (ages 15 to 24) commit suicide everyday, or approximately 1 every 100 minutes. Four times as many men as women commit suicide, but young women attempt suicide three times more frequently than young men. Suicide is the 11th leading cause of all deaths in the United States and the 3rd leading cause of death among people from the ages of 15 to 24.

Over the past 30 years, the suicide rate has tripled in the United States. If you think that suicide is something that only affects others, you are wrong. The reality is, suicide can affect any family.



Office of Attorney General  
Terry Goddard  
1275 West Washington  
Phoenix, Arizona 85007  
Phone: 602-542-4266  
[www.ag.state.az.us](http://www.ag.state.az.us)

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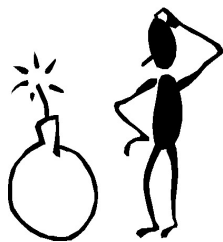
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### WHAT ARE THE SIGNS:

- A previous suicide attempt.
- Current talk of suicide, or making a plan
- Strong wish to die/preoccupation with death
- Giving away prized possessions
- Moodiness, hopelessness, withdrawal
- A drastic change in appearance or personality
- Increased alcohol and/or other drug use
- Changes in sleeping or eating habits
- A dramatic drop in grades problems in school, with the family, peers and possibly the law
- Conflicts around sexual orientation
- Loss of a friend or family member or a romantic break up



### FOR HELP:

Arizona Suicide & Crisis Hotlines

<http://suicidehotlines.com/arizona.htm>

Arizona Teen Help

<http://www.arizonateenhelphelp.com/>

Arizona Prevention Resource Center

<http://www.azprevention.org>

Depression, Suicide, & Mental Health Links

<http://suicidal.com/depressionlinks/crisiscentersites.html>

Teen Lifeline

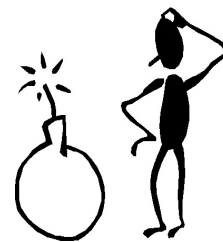
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National Hope Line Network (Arizona)

Offering Parents and Teens

Information on Needless Suicide:

**1-800-Suicide (784-2433)**



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